

E-Colors & Coaching Services



Using a combination of coaching tools including the E-Colors and mental models such as The Seven Essentials of High Performance Teams, The Communication Triangle and Personal Intervention, our coaches are able to help individuals and teams realize their potential through improvements in the following areas:

Leadership at all Levels

Risk Management & Mitigation



Effective Communication

Personal & Team Development

Improved Communications:

Ability to interact with people from a foundation of understanding that reduces friction and conflict and maximizes learning and effectiveness at all levels.

Individual Development:

Opportunity for individuals to Realize their Potential through providing the necessary tools to enhance personal understanding.

Team Development:

Raised awareness around the needs and communication styles of different team members. Learnt ability to satisfy the personality and communication needs of the different team members.

Risk Management:

Understanding of how people can get hurt related to their personality style resulting in being able to put effective control measures in place.

Leadership:

Enhanced leadership skills through appreciation of the different personality styles and their leadership requirements.

Followership:

Understanding of how to be an effective follower catering to the needs of different leadership styles.

Effective Interactions:

Elevated goal achievability in interactions through individual evaluation of the person/ people's needs related to their personality styles (e-mail, meetings, phone conversations etc).

Time Management:

Better use of time through all of the above mentioned specially through effective interactions.

We operate across a number of industries and environments:



OIL & GAS



CORPORATE TEAMS



SPORTS



EDUCATION



HOME ENVIRONMENT

E-Colors & Coaching Services



Equilibria Coaching Tools

Equilibria E-Colors:

The E-Colors process helps to identify different personality styles which enables people to better understand themselves and those around them.

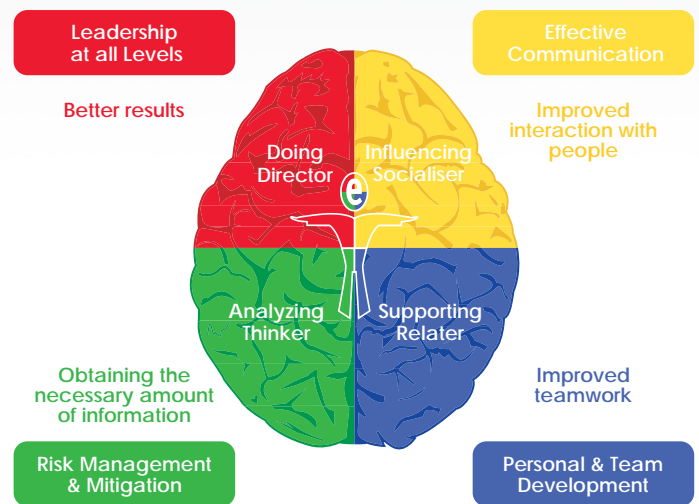
- We all have all four E-Colors within us. No E-Color combination is better than any other.
- Most people tend to have primary and secondary predominant E-Colors.
- Utilizing this model there are 12 different E-Color combinations.
- A person's E-Color combination tends to influence his or her communication style and behavioral tendencies.
- There are numerous benefits that can be gained by having an awareness of this, from improved communications to enhanced performance and teamwork to better risk management and mitigation.
- Appreciating the value of all E-Color perspectives gives us an opportunity to benefit from the DIVERSITY OF THOUGHT.

Mental Models Such As "7 Essentials of High Performance Teams"



E-Colors - What's in it for me?

A safer & more efficient work place with better communication throughout diverse teams.



Other supporting materials include:



Interactive CDs



Deskbooks



Communication Slide Rule